



## Did you know that there are mental health services provided through AVC and GAIN?

Palmdale GAIN  
Specialized  
Supportive Services  
1(855) 219-4154

You can request mental health services at any time with your GAIN Case Manager. Call today and schedule an appointment or do a walk-in if urgent.

Antelope Valley College  
Office for Students  
with Disabilities

(661) 722-6300 Ext. 6360  
OSD is here to provide support to students with physical, psychological and learning disabilities. Stop by the OSD office for an enrollment packet.

Antelope Valley College  
Student  
Health Services

(661) 722-6300 Ext. 6683  
Make a confidential appointment with a mental health counselor on campus to assist with anxiety, depression, stress management and more.

